



LITTLE STAR BASICS
& LEARNING CENTER

OCTOBER 2026

BRUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Organic Mozzarella Cheese Cubes Waffles Mangos	2 Parent Volunteer Provides: Protein Carb Fruits Organic Milk
5 Apple Chicken Sausages Sourdough Bread Pink Lady Apples	6 Boiled Eggs (O) Baked Mini potatoes O. Grapes & O. Bananas	7 Organic Mozzarella Cheese Cubes Toasted Sourdough Bread w/ O. Jam Seasonal Fruits	8 Mini Belgium Pancakes O. Unsweetened Yogurt Option w/ O. Strawberry Jam O. Grapes	9 Parent Volunteer Provides: Protein Carb Fruits Organic Milk
12 Apple Chicken Sausages Bagel with Cream Cheese Pink Lady Apples	13 Boiled Eggs (O) Baked Sweet Ootatoes O. Grapes & O. Bananas	14 Organic Mozzarella Cheese Cubes Toasted Sourdough Bread w/ O. Jam Seasonal Fruits	15 Mini Belgium Pancakes O. Unsweetened Yogurt Option w/ O. Strawberry Jam O. Grapes	16 Parent Volunteer Provides: Protein Carb Fruits Organic Milk
19 Apple Chicken Sausages Sourdough Bread Pink Lady Apples	20 Boiled Eggs (O) Baked mini potatoes O. Grapes & O. Bananas	21 Organic Mozzarella Cheese Cubes Toasted Sourdough Bread w/ O. Jam Seasonal Fruits	22 Mini Belgium Pancakes O. Unsweetened Yogurt Option w/ O. Strawberry Jam O. Grapes	23 Parent Volunteer Provides: Protein Carb Fruits Organic Milk
26 Apple Chicken Sausages Sourdough Bread Pink Lady Apples	27 Boiled Egg (O) Baked Sweet Potatoes O. Grapes & O. Bananas	28 Sweet Potatoes Toasted Sourdough Bread w/ O. Jam Seasonal Fruits	29 Mini Belgium Pancakes O. Unsweetened Yogurt Option w/ O. Strawberry Jam O. Grapes	30 Parent Volunteer Provides: Protein Carb Fruits Organic Milk

Brunch is served with Organic Whole Milk,
Organic Eggs, and Organic fruits when possible.



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OCTOBER 2026 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Seasoned Anchovies with Rice Seaweed Carrots & Cucumbers Oranges	2 Chicken Nuggets White Corn Carrot Sticks Pink Lady Apples
5 Grilled Salmon Rice Steamed Veggies Oranges	6 Spaghetti Marinara with onion and meat Kosher Baby Pickles Persimmons	7 Seasoned Anchovies Rice Seaweed Oranges	8 Gyoza Dumpling steamed Steamed Cabbages Oranges	9 Chicken Nuggets White Corn Carrot Sticks Pink Lady Apples
12 Organic Chicken Katsu Rice Steamed veggies Oranges	13 Mac & Cheese Miso Soup Lightly cooked Red Cabbages Persimmons	14 Seasoned Anchovies with Rice Seaweed Soup Pickled Radishes Oranges	15 Soba Noodles Miso Soup with tofu & Rice Mixed veggies Oranges	16 Chicken Nuggets White Corn Carrot Pink Apples
19 Vegetable Curry Rice with Chicken Rice Steamed Veggies Oranges	20 Spaghetti Marinara with onion and meat Lightly cooked Red Cabbages Persimmons	21 Seasoned Anchovies with Rice Seaweed Soup Pickled Radishes Oranges	22 Soba Noodles Miso Soup Pickled Radishes Oranges	23 Chicken Nuggets White Corn Carrot Sticks Pink Apples
26 Chicken Katsu With Rice Steamed Veggies Oranges	27 Spinach Soup Rice Lightly cooked Red Cabbages Persimmons	28 Veggie Fried Rice with Organic Chicken & Eggs Gyoza dumpling Pink Lady Apples	29 Seaweed Soup with onions and garlic Rice Pickled Radish Oranges	30 Chicken Nuggets White Corn Carrot Sticks Pink Apples

These are subject to change without further notice.

Note: Certain foods that require high heat are prepared using cast-iron cookware. We use extra-virgin olive or avocado oil whenever oil is needed, and we bake our food rather than microwave it. We use filtered water for cooking and for rinsing fruits after cleaning them with baking soda.