


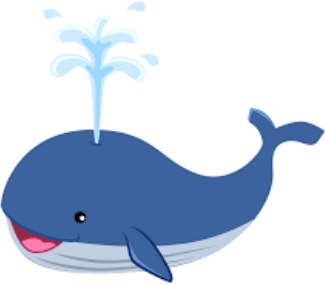



March 2023 BRUNCH, LUNCH MENU

Little Star Basics Preschool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>BRUNCH: Noah's Plain Bagel w/ a choice of cream cheese or Strawberry jam Scrambled Eggs</p> <p>LUNCH: Organic Spinach Lasagna (Rice optional) Broccoli Fruit Salad</p>	<p>2</p> <p>BRUNCH: Scrambled Eggs Apple Chicken Sausage Butter Croissant w/ Jam Danimals Yogurt Drink</p> <p>LUNCH: Seasoned Seaweed with Rice Seasonal Fruit</p>	<p>3</p> <p>BRUNCH: Parfait Croissants Seasonal Fruits</p> <p>LUNCH: Chicken Nuggets Hash Browns Rice Seasonal Fruit</p>
<p>6</p> <p>BRUNCH: Organic Scrambled Eggs Butter Pancake w/ Maple syrup</p> <p>LUNCH: Spinach Bean Paste Soup w/ Rice Seasoned Fish Cake Seasonal Fruits</p>	<p>7</p> <p>BRUNCH: Noah's Plain Bagel w/ a choice of cream cheese or Strawberry jam Apple Chicken Sausages</p> <p>LUNCH: Lighted Salted Grilled Salmon with olive oil and butter, Rice, Broccoli Seasonal Fruit</p>	<p>8</p> <p>BRUNCH: Morning Bun Organic Scrambled Eggs</p> <p>LUNCH: Rice with Nori and Furikake, Miso soup Seasonal Fruit</p>	<p>9</p> <p>BRUNCH: Organic Scrambled Eggs Croissants</p> <p>LUNCH: Grilled Cheese Sandwich w/ veggie sticks Seasonal Fruit</p>	<p>10</p> <p>BRUNCH: Plain Bagels Scrambled Eggs</p> <p>LUNCH: Chicken Nuggets (Rice optional), Steamed Veggies Seasonal Fruit</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p>13</p> <p>Brunch: Scrambled Eggs Apple Chicken Sausages Seasonal Fruits</p> <p>Lunch: Grilled Salmon w/ Rice Steamed Veggies Seasonal Fruits</p>	<p>14</p> <p>Brunch: Butter Croissant w/ Jam Bacon Seasonal Fruits</p> <p>Lunch: Spaghetti w/ beef, garlic, onions marinara sauce Seasonal Fruits</p>	<p>15</p> <p>Brunch: Pancake w/ Maple syrup Apple-Chicken sausage Seasonal Fruit</p> <p>Lunch: Teriyaki chicken w/ Rice Broccoli Seasonal Fruits</p>	<p>16</p> <p>Brunch: Bagel with Cream Cheese Scrambled Egg Seasonal Fruits</p> <p>Lunch: Chicken Nuggets Sweet Corn & Carrots Seasonal Fruits</p>	<p>17</p> <p>Brunch: Milk Bread Chobani Vanilla Yogurt</p> <p>Lunch: Plain or Avocado maki(seaweed roll) Seasonal Fruits</p>
<p>20</p> <p>Brunch: Scrambled Eggs Apple Chicken Sausages Seasonal Fruits</p> <p>**From 3/20** <u>Bring Home Lunch</u> <u>Only Plain rice may be provided if lunch is not brought. All children will be given a choice to drink Lactose Free Organic Milk for lunch. Luncheable or Chicken Nugget meals may be requested for \$5 by 8am the day of..</u> <u>Text: 415 323-9704 (school text number)</u></p>	<p>31</p> <p>Brunch: Bagel w/ Cream Cheese Apple Chicken Sausages Seasonal Fruits</p> <p>**From 3/20** <u>Bring Home Lunch</u> <u>Only Plain rice may be provided if lunch is not brought. All children will be given a choice to drink Lactose Free Organic Milk for lunch. Luncheable or Chicken Nugget meals may be requested for \$5 by 8am the day of.</u> <u>Text: 415 323-9704 (school text number)</u></p>			

Every brunch serve w/ Calcium/Vitamin D fortified Orange Juice. Every lunch served LACTOSE FREE ORGANIC MILK.

Lunch is at 12pm. Menu may change slightly without further notices.

Little Star Basics (408) 260-7005