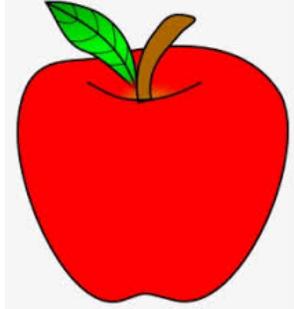




January 2023 BRUNCH, LUNCH MENU

Little Star Basics Preschool

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---|
| 2 | 3 | 4 | 5 | 6 |
| | | <p>BRUNCH: Noah's Plain Bagel w/ a choice of cream cheese or Strawberry jam Scrambled Eggs</p> <p>LUNCH: Furikake Rice w/ Nori(seaweed), Rice Cake Soup Fruit Salad</p> | <p>BRUNCH: Scrambled Eggs Apple chicken sausage Butter Croissant w/ Jam</p> <p>LUNCH: Homemade beef soup w/ radish, garlic, onions, Rice, Seasonal Fruit</p> | <p>BRUNCH: Oatmeal with raisins Hash Browns Stonefield Yogurt Drink</p> <p>LUNCH: Macroni and Cheese or Rice w/ Seaweed, Steamed Veggies Seasonal Fruit</p> |
| 9 | 10 | 11 | 12 | 13 |
| <p>BRUNCH: Butter Pancake w/ Maple syrup Apple Chicken Sausage</p> <p>LUNCH: Spinach Bean Paste Soup w/ Rice Seasoned Fish Cake Seasonal Frui</p> | <p>BRUNCH: Noah's Plain Bagel w/ a choice of cream cheese or Strawberry jam Yogurt</p> <p>LUNCH: Salted Salmon grilled with olive oil and butter. Rice. Broccoli Seasonal Fruit</p> | <p>BRUNCH: Morning Bun Bacon Noosa Yogurt</p> <p>LUNCH: Rice with Nori and Furikake, Miso soup Cabbage salad w/ Cheese Seasonal Fruit</p> | <p>BRUNCH: Apple Chicken sausages Vanilla Chobani Yogurt</p> <p>LUNCH: Grilled Cheese Sandwich w/ veggie stickes Seasonal Fruit</p> | <p>BRUNCH: Noah's Plain Bagels Scrambled Eggs</p> <p>LUNCH: Steak w/ Rice Steamed Veggies Seasonal Fruit</p> |

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|---|
| <p>16</p>  <p>Martin King Jr. Day Closed</p> | <p>17</p> <p>Brunch: Toast w/ Jam Bacon Hash Browns</p> <p>Lunch: Seasoned Rice with Furikake + Nori, Miso Soup, Seasonal Fruit</p> | <p>18</p> <p>Brunch: Pancake w/ Maple syrup Apple-Chicken sausage Seasonal Fruit</p> <p>Lunch: Teriyaki chicken w/ Rice Broccoli Seasonal Fruits</p> | <p>19</p> <p>Brunch: Bagel with Cream Cheese Scrambled Egg Seasonal Fruits</p> <p>Lunch: Chicken Nuggets Sweet Corn & Carrots Seasonal Fruit</p> | <p>20</p> <p>Brunch: Parent's Snack Arya</p> <p>Lunch: Zucchini pancake Fried Rice Seasonal Fruits</p> |
| <p>23</p> <p>Brunch: Scrambled Eggs Apple Chicken Sausages Seasonal Fruit</p> <p>Lunch: Grilled Salmon w/ Rice Steamed Veggies Seasonal Fruits</p> | <p>24</p> <p>Brunch: Butter Croissant w/ Jam Bacon Seasonal Fruits</p> <p>Lunch: Spaghetti w/ beef, garlic, onions marinara sauce Seasonal Fruits</p> | <p>25</p> <p>Brunch: Pancake w/ Maple syrup Apple-Chicken sausage Seasonal Fruit</p> <p>Lunch: Teriyaki chicken w/ Rice Broccoli Seasonal Fruits</p> | <p>26</p> <p>Brunch: Bagel with Cream Cheese Scrambled Egg Seasonal Fruits</p> <p>Lunch: Chicken Nuggets Sweet Corn & Carrots Seasonal Fruits</p> | <p>27</p> <p>Brunch: Parent's Snack Sign up Olivia</p> <p>Lunch: Plain or Avocado maki(seaweed roll) Seasonal Fruits</p> |
| <p>30</p> <p>Brunch: Scrambled Eggs Apple Chicken Sausages</p> <p>Lunch: Grilled Salmon w/ Rice Steamed Veggies Seasonal Fruits</p> | <p>31</p> <p>Brunch: Bagel w/ Cream Cheese Apple Chicken Sausages</p> <p>Lunch: Vegetable Chicken Noodle Soup, Rice Seasonal Fruits</p> |  |  |  |

Every brunch serve w/ Calcium/Vitamin D fortified Orange Juice. Every lunch served **LACTOSE FREE ORGANIC MILK.**

Menu may change slightly without further notices.

Little Star Basics (408) 260-7005