




November 2021



Lunch Menu(12pm)

Monday	Tuesday	Wednesday	Thursday	Friday
1st & 3 Weeks (odd)	1st & 3 Weeks (odd)	1st & 3 Weeks (odd)	1st & 3 Weeks (odd)	1st & 3 Weeks (odd)
(11/1) Maki rolls, Miso Soup with Tofu, Broccoli, Fresh fruits	Vegetable Fried Rice, Fried Chicken potstickers, Fresh Fruits	Spinach Bean Paste Soup, Rice, Sweetened saute fish cakes, pickled radish, Fresh fruits	Korean-style Quiche, Rice, Fried Anchovies, Veggies, Fresh fruits	Grilled Cheese Sandwich, Carrot sticks, Fresh fruits
2nd & 4th Weeks(even)	2nd & 4th Weeks(even)	2nd & 4th Weeks(even)	2nd & 4th Weeks(even)	2nd & 4th Weeks(even)
Salmon Teriyaki, Rice, Salad, Korean pickled radish, Veggies, Fresh fruits	Spaghetti with meat with cheese, Carrot sticks, Fresh fruits	Rice with sweetened Fried anchovies, Fish cake, Salted seaweed, Fresh fruits	Teriyaki Chicken with steamed Broccoli, Rice, Fresh fruits	Homemade Hamburger with organic meat, French fries, Carrot sticks, Fresh fruits

Brunch Menu (10am)

1st & 3 Weeks (odd)	1st & 3 Weeks (odd)	1st & 3 Weeks (odd)	1st & 3 Weeks (odd)	1st & 3 Weeks (odd)
(11/1) Organic Scrambled Egg, Apple Chicken sausage, Fresh fruits	Boiled Eggs, Toast with Jam, Bacon, Fresh fruits	French toast w/ maple syrup, Sweet potatoes, Fresh fruits	Mini Strawberry Jam sandwich, yogurt, Fresh fruits	Cheerios Cereal w/ milk, Cheese sticks, Fresh fruits
2nd & 4th Weeks (even)	2nd & 4th Weeks (even)	2nd & 4th Weeks (even)	2nd & 4th Weeks (even)	2nd & 4th Weeks (even)
Organic Scrambled eggs, Toast with butter & jam, Bacon, Fresh fruits	Pancake w/ maple syrup, Cheese sticks, Fresh fruits	Vanilla Greek Yogurt, Scrambled eggs, Fresh fruits	Waffles w/ maple syrup, Apple Chicken sausages, Hard boiled eggs, Fresh fruits	Parfait 

The menu can change slightly without a further notice. All meals are served with lactose free organic milk. Little Star Basics 415) 323-9704