




Snack & Lunch Menu 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 SNACK: Croissant with Ham and Cheese, Avocado, Apple Slices</p> <p>LUNCH: Cheese Tortellini, Chicken Breast, Carrots, Grapes</p>	<p>4 SNACK: Pancake with Organic Maple Syrup, Scrambled Eggs, Tater Tots, Orange Slices</p> <p>LUNCH: Pork Katsu with Sauce Rice, Steamed Broccoli, Cantaloupe Cubes</p>	<p>5 SNACK: Buttered Toast with Organic Strawberry Jam, Mini Sausages, Apple Slices</p> <p>LUNCH: Bolognese with Penne, Organic Chicken Meatballs, Orange Slices</p>	<p>6 SNACK: Waffles with Organic Maple Syrup, Mini Sausages, Orange Juice</p> <p>LUNCH: Spinach Bean Paste Soup, with Tofu, Fried Anchovies, Rice, White Kimchee, Peach Slices</p>	<p>7 SNACK: Yogurt, Scrambled Eggs, Seasonal Fruits or *Parents</p> <p>LUNCH: Teriyaki Chicken with Rice, Steamed Broccoli, Apple Slices</p>
<p>10 SNACK: English Muffin with O. Eggs & Cheese, Apple Slices</p> <p>LUNCH: Chicken and Vegetable Dumplings, Jasmine Rice, White Pickled Radish, Pineapple Cubes</p>	<p>11 SNACK: O. Scrambled Eggs, Oatmeal with Raisins & Brown Sugar(opt). Pineapple Cubes</p> <p>LUNCH: Vegetable Curry with Rice, Seasoned Fish Cake, White Pickled Radish, Apple Slices</p>	<p>12 SNACK: Pancake with Maple Syrup, Mini Sausages, Orange Slices</p> <p>LUNCH: Fettuccine with Alfredo Sauce, Steamed Veggies, Grapes</p>	<p>13 SNACK: Baked Potatoes with Butter and Bacon Bits Seasonal Fruits</p> <p>LUNCH: Shrimp Fried Rice, O. Steamed Tofu with Soy Sauce, White Kimchi, Apple Slices</p>	<p>14 SNACK: Yogurt, Scrambled Eggs, Seasonal Fruits or * Parents.</p> <p>LUNCH: Crispy Chicken Tenders, Saute Green Beans, Quinoa, Apple Slices</p>

Every snack menu is served with 1% or 2% organic milk(3-4 OZ) with an exception when replaced by orange juice. FOOD PORTION: 2.0 - 6 OZ. Bunch & Snack(10am) and Lunch(11:45pm) are served in family style meals. The above menu is subject to change slightly without further notice.



Snack & Lunch Menu 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>17</p> <p>CLOSED</p> <p>OBSERVANCE OF PRESIDENT'S DAY</p>	<p>18 SNACK: Toast with Organic Strawberry Jam, Org. Scrambled Eggs, Mini Sausages, Apple Slices</p> <p>LUNCH: Spinach Soup with Rice Fish Cake (어묵), White Kimchi, Orange Slices</p>	<p>19 SNACK: Croissant with Ham & Cheese, Grapes</p> <p>LUNCH: O. Spaghetti with Turkey Meatballs, Carrots sticks, Orange Slices</p>	<p>20 SNACK: Toasted Bread with Org. Strawberry Jam, Tater Tots, Apple Slices</p> <p>LUNCH: Teriyaki Chicken with Rice Medley, Steamed Broccoli, Seasonal Fruits</p>	<p>21 SNACK: Waffles with O. Maple Syrup, Seasonal Fruits or *Parents</p> <p>LUNCH: Grilled Cheese Sandwich, Corn & Carrots, Seasonal Fruits</p>
<p>24 SNACK: Pancake with Organic Maple Syrup, Scrambled Eggs, Tater Tots, Orange Slices</p> <p>LUNCH: Mac & Cheese with Cauliflower, Melon Cubes</p>	<p>25 SNACK: French Toast with Org. Maple Syrup, Scrambled Eggs, Apple Slices</p> <p>LUNCH: Thin Noodles with Seaweed Based Soup, Baked Sweet Potatoes Wedges, Carrots, Seasonal Fruits</p>	<p>26 SNACK: Croissant with Ham and Cheese, Avocado, Apple Slices</p> <p>LUNCH: Teriyaki Salmon with Rainbow Veggie Rice, Cantaloupe Cubes</p>	<p>27 SNACK: Waffle with Organic Maple Syrup, Scrambled Eggs, Tater Tots. Orange Juice</p> <p>LUNCH: Spinach Soup with Rice Fish Cake (어묵), White Kimchi, Apple Slices</p>	<p>28. SNACK: Yogurt, Scrambled Eggs, Seasonal Fruits or *Parents</p>  <p>LUNCH: <u>Chicken Bites with Mashed Potatoes, Green Beans</u></p>

Every snack menu is served with 1% or 2% organic milk(3-4 OZ) with an exception when replaced by orange juice.
 The above menu is subject to change slightly without further notice. PM snacks(2:40pm): Organic Strawberry Jam Sandwich or Seaweed with Rice or Cheese Sticks with Crackers **TEXT FOR ANY FOOD CONCERNS: (415) 323-9704**