

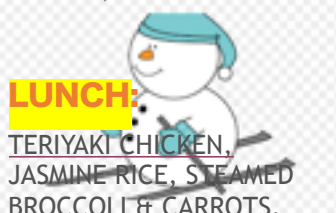


Snack & Lunch Menu 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6 SNACK: BUTTERED TOAST w/ JAM, MINI SAUSAGES, APPLE SLICES</p> <p>LUNCH: <u>RICE DUMPLING SOUP IN HOMEMADE CHICKEN BROTH, STEAMED BROCCOLI, PICKLED WHITE RADISH, ORANGE SLICES</u></p>	<p>7 SNACK: PANCAKE WTH ORGANIC MAPLE SYRUP, SCRAMBLED EGGS, TATER TOTS, ORANGE</p> <p>LUNCH: <u>PORK KATSU, RICE, STEAMED BROCCOLI, CANTALOPE CUBES</u></p>	<p>8 SNACK: BAGEL WITH CREAM CHEESE AND AVOCADO ON TOP, PINEAPPLE SLICES</p> <p>LUNCH: <u>SPINACH BEAN PASTE SOUP WITH TOFU, WHITE KIMCHEE, PEACH SLICES</u></p>	<p>9 SNACK: WAFFLES WITH ORGANIC MAPLE SYRUP, PORK/CHIVE DUMPLINGS, ORANGE JUICE</p> <p>LUNCH: <u>TERIYAKI CHICKEN w/ RICE, SEASONED BRUSSEL SPOUTS, WHITE KIMCHEE, APPLE SLICES</u></p>	<p>10 SNACK: YOGURT, SCRAMBLE EGGS, SEASONAL FRUITS</p> <p>LUNCH: <u>ORGANIC SPAGHETTI w/ ORGANIC CHICKEN MEATBALLS, PICKLES, ORANGES</u></p>
<p>13 SNACK: HAM & CHEESE CROISSANT MANDARINE ORANGES</p> <p>LUNCH: <u>STEAMED COD WITH LIGHT LEMON SALT SEASONING, JASMINE RICE, WHITE PICKLED RADISH, PINEAPPLE_</u></p>	<p>14 SNACK: SCRAMBLED EGGS, OATMEALS W/RAISINS, PINEAPPLE</p> <p>LUNCH: <u>VEGETABLE CURRY w/ CHICKEN, RICE, WHITE PICKLED RADISH, APPLE SLICES</u></p>	<p>15 SNACK: PANCAKE WITH MAPLE SYRUP, MINI SAUSAGES, ORANGES</p> <p>LUNCH: <u>BAKED CHICKEN, MISO SOUP WITH TOFU, RICE, STEAMED BROCCOLI, APPLE SLICES</u></p>	<p>16 SNACK: MINI BAKED POTATOES W/ BUTTER AND SOUR CREAM, SCRAMBLED EGGS, SEASONAL FRUITS</p> <p>LUNCH: <u>SHRIMP FRIED RICE, SALTED SEAWEED, WHITE KIMCHI, APPLE SLICES</u></p>	<p>17 SNACK: OATMEAL WITH RAISINS, MANDARINE ORANGES</p> <p>LUNCH: <u>FETTUCCHINE w/ ALFREDO SAUCE STEAMED VEGGIES, GRAPES</u></p>

January

Snack & Lunch Menu 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>20</p> <p style="text-align: center;">CLOSED</p> <p style="text-align: center;">OBSERVANCE OF MARTIN LUTHER KING JR. DAY</p>	<p>21 SNACK: ROLL WITH BUTTER AND ORG. STRAWBERRY JAM, SCRAMBLED EGGS, CHICKEN APPLE SASAGE, ASIAN PEAR SLICES</p> <p>LUNCH: <u>SPINACH SOUP w/ RICE, FISH CAKE(어묵), WHITE KIMCHI, MANDARINE ORANGE</u></p>	<p>22 SNACK: CROISSANT WITH HAM AND CHEESE, GRAPES</p> <p>LUNCH: <u>GRILLED CHEESE SANDWICH, CORN & PEAS, APPLE SLICES</u></p>	<p>23 SNACK: TOASTED AND BUTTERED BREAD w/ JAM, MINI SAUSAGE, APPLE SLICES</p> <p>LUNCH: <u>TERIYAKI CHICKEN, JASMINE RICE, STEAMED BROCCOLI, ORANGES</u></p>	<p>24 SNACK: <u>WAFFLES WITH ORGANIC MAPLE SYRUP, CARROT STICKS, SEASONAL FRUITS</u></p> <p>LUNCH: <u>ORGANIC SPAGETTI w/ TURKEY MEATBALLS CARROT STICKS, ORANGE</u></p>
<p>27 SNACK: PANCAKE w/ MAPLE SYRUP, APPLE CHICKEN SAUSAGES, MANDARINE ORANGE</p> <p>LUNCH: <u>MAC & CHEESE, STEAMED BROCCOLI AND ZUCCHINI, CHICKEN BROTH, MELON CUBES</u></p>	<p>28 SNACK: FRENCH TOAST w/ MAPLE SYRUP, SCRAMBLE EGG, APPLE SLICES</p> <p>LUNCH: <u>NOODLE WITH SPECIAL SOY SAUCE AND SESAME OIL, SWEET POTATOE FRIES, ZUCCHINI AND CARROTS, SEASONAL FRUITS</u></p>	<p>29 SNACK: CROISSANT WITH HAM & CHEESE, APPLE SLICES</p> <p>LUNCH: <u>PAN SAUTE COD IN GARLIV & OLIVE OIL, STRING BEANS, FRIED RICE WITH EGGS, WHITE KIMCHEE, CANTALOPE</u></p>	<p>30. SNACK: WAFFLE W/ ORGANIC MAPLE SYRUP, SCRAMBLED EGGS, TATER TOTS, ORANGE JUICE</p> <p>LUNCH: <u>SPINACH SOUP w/ RICE, FISH CAKE(어묵), WHITE KIMCHI, APPLE SLICES</u></p>	<p>30. SNACK: CEREAL w/ RAISINS, YOGURT, APPLE SLICES</p>  <p>LUNCH: <u>TERIYAKI CHICKEN, JASMINE RICE, STEAMED BROCCOLI & CARROTS, SEASONAL FRUITS</u></p>

Every snack menu is served with 1% or 2% organic milk(3-4 OZ) with an exception when replaced by orange juice. MAIN FOOD PORTION: 2.5 - 4 OZ. Bunch & Snack and Lunch is served in family style meals. The above menu is subject to change slightly without further notice.

PM snacks: Organic Strawberry Jam Sandwich or Seaweed with Rice or Cheese Sticks and crackers, etc. Any food concerns: (408) 260-7005