



# Brunch & Lunch Menu 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 <b>SNACK:</b> BAGEL WITH CREAM CHEESE OR JAM, CHEESE STICKS, APPLE SLICES</p> <p><b>LUNCH:</b> JASMINE RICE, SEAWEED, SEASONED ANCHOVIES, EGG CUSTARD, SEASONAL FRUITS</p>	<p>2 <b>SNACK:</b> TURKEY &amp; CHEESE ON BUTTERED CROISSANT, GOLDEN KIWIS SLICES</p> <p><b>LUNCH:</b> TERIYAKI CHICKEN W/ RICE, SALTED SEAWEED, STEAMED BROCCOLI, ORGANIC GRAPES</p>	<p>3 <b>SNACK:</b> SCRAMBLED EGGS, MINI-SAUSAGES, TATER TOTS, FRESH SEASONAL FRUITS</p> <p><b>LUNCH:</b> VEGETABLE FRIED RICE W/ CHICKEN, RADISH BEEF SOUP, WHITE KIMCHEE, APPLE SLICES</p>	<p>4 <b>SNACK:</b> WAFFLE W/ O. MAPLE SYRUP, STRAWBERRY &amp; BANANA SMOOTHIE</p> <p><b>LUNCH:</b> GRILLED CHEESE, CARROT STICKS, CANTALOUPE CUBES</p>
<p>7 <b>SNACK:</b> PANCAKE W/ ORGANIC MAPLE SYRUP, MINI-SAUSAGES, SEASONAL FRUITS</p> <p><b>LUNCH:</b> JASMINE RICE W/ EGG CUSTARD, SWEETENED MINI FISH ANCHOVIES, SALTED SEAWEED, ORGANIC GRAPES</p>	<p>8 <b>SNACK:</b> TOAST WITH BUTTER &amp; JAM, HARD BOILED EGGS, ORANGES</p> <p><b>LUNCH:</b> YELLOW CURRY RICE(veggies), PICKED WHITE RADISH, FISH CAKE TEMPURA, SEASONAL FRUITS</p>	<p>9 <b>SNACK:</b> WAFFLE WITH ORGANIC MAPLE SYRUP, SCRAMBLED EGGS, ORANGES</p> <p><b>LUNCH:</b> MAC &amp; CHEESE, CARROT STICKS, STEAMED BROCCOLI, APPLE SLICES</p>	<p>10 <b>SNACK:</b> TOAST WITH BUTTER &amp; STRAWBERRY JAM, MINI SAUSAGES, GRAPES</p> <p><b>LUNCH:</b> VEGETABLE FRIED RICE WITH CHICKEN &amp; EGGS, SEASONED SEAWEED, PICKED RADISH, MANGO SLICES</p>	<p>11 <b>SNACK:</b> PLAIN BAGEL W/ CREAM CHEESE, YOGURT, SEASONAL FRUITS</p> <p><b>LUNCH:</b> SPAGHETTI w/ MEATBALL, PICKLE, POTATO CHIPS, APPLE SLICES</p>

Menu is subject to change slightly without an advance notice.

WE USE ORGANIC EGGS AND MILK, AND FRESH FRUITS AND VEGETABLES.

LITTLE STAR BAISCS PRESCHOOL: (408) 260-7005 (SCHOOL) OR (408) 646-0982 (TEXT)



# OCT. 2019 Brunch & Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>14 <b>CLOSED</b> <b>COLUMBUS DAY</b></p> <p>28. <b>SNACK:</b> WAFFLE w/ ORGANIC MAPLE SYRUP, MINI SAUSAGES, APPLE SLICES</p> <p><b>LUNCH:</b> SEAWEED SOUP W/ TOFU, SWEETENED TINY ANCHOVIES, WHITE KIMCHEE, MELON CUBES</p>	<p>15/29 <b>SNACK:</b> FRENCH TOAST w/ ORGANIC MAPLE SYRUP, SEASONAL FRUITS</p> <p><b>LUNCH:</b> VEGETABLE CURRY RICE, PICKLED RADISH, APPLE SLICES</p>	<p>16/30 <b>SNACK:</b> TURKEY &amp; CHEESE ON BUTTERED CROISSANT, APPLE SLICES</p> <p><b>LUNCH:</b> ROLLED RICE ON SALTED SEAWEED, TOFU WITH SOY SAUCE, PICKLED RADISH, SEASONAL FRUITS</p>	<p>17/31 <b>SNACK:</b> SCRAMBLED EGGS, MINI SAUSAGES, TATER TOTS, FRESH SEASONAL FRUITS</p> <p><b>LUNCH:</b> JASMINE FRIED RICE W/ VEGETABLES &amp; CHICKEN, WHITE PICKLED RADISH, ORANGES</p>	<p>18 <b>SNACK:</b> MAKE YOUR OWN PARFAIT: YOGURT, FRUITS, UNSWEETENED CHEERIOS</p> <p><b>LUNCH:</b> SOBA NOODLES, W/ SAUCE, MISO SOUP W/ TOFU, APPLE SLICES</p>
<p>21 <b>SNACK:</b> PANCAKE W/ O. MAPLE SYRUP, SCRAMBLED EGGS, STRAWBERRIES &amp; BLUEBERRIES</p> <p><b>LUNCH:</b> SPINACH BEAN PASTE SOUP w/ TOFU, WHITE KIMCHEE OR PICKED RADISH, SEASONED ANCHOVIES, APPLE SLICES</p>	<p>22 <b>SNACK:</b> MINI STRAWBERRY JAM SANDWICH W/ CHEESE, SEASONAL FRUITS</p> <p><b>LUNCH:</b> PORK DONKATSU, RICE, STEAMED CARROTS AND CORN, APPLE SLICES</p>	<p>23 <b>SNACK:</b> WAFFLE WITH ORGANIC MAPLE SYRUP, SCRAMBLED EGGS, ORANGES</p> <p><b>LUNCH:</b> TERIYAKI CHICKEN W/ RICE, STEAMED BROCCOLI, APPLE SLICES</p>	<p>24 <b>SNACK:</b> TOAST WITH BUTTER &amp; STRAWBERRY JAM, MINI SAUSAGES, GRAPES</p> <p><b>LUNCH:</b> VEGETABLE FRIED RICE WITH EGGS, SEASONED SEAWEED, PICKED RADISH, APPLE SLICES</p>	<p>25 <b>SNACK:</b> SCRAMLED EGGS, TATER TOTS(POTATOES), CARROT STICKS, SEASONAL FRUITS</p> <p><b>LUNCH:</b> MAC &amp; CHEESE, CARROT STICKS, STEAMED BROCCOLI, APPLE SLICES</p>

Menu is subject to change slightly without an advance notice.  
Every menu is served with 1% or 2% organic milk (3-5 oz.)

**FRIDAY SNACKS** ARE NORMALLY RESERVED FOR PARENT VOLUNTEERS.  
MAIN FOOD PORTION: 2 - 4 oz. Meals served in a family style.