



Snack & Lunch Menu 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1. SNACK: TOAST W/ STRAWBERRY JAM, TATER TOTS, GRAPES</p> <p>LUNCH: JAMINE RICE, SALTED SEAWEED, SWEETENED FISH TEMPERA, WHITE KIMCHEE, ORANGES</p>	<p>2. SNACK: SCRAMBLED EGGS, MINI SAUSAGES, STRAWBERRIES</p> <p>LUNCH: CHICKEN FRIED RICE, STEAMED BROCCOLI, SEASONED ANCHOVIES, APPLE SLICES</p>	<p>3. SNACK: BUTTERED CROISSANT, GOGURT, GRAPES</p> <p>LUNCH: GRILLED CHEESE SANDWICH, STEAMED BROCCOLI, KOSHER PICKLE, APPLE SLICES</p>	<p>4. SNACK: SCRAMBLED EGGS, MINI SAUSAGES, TATER TOTS, CANTALOPE</p> <p>LUNCH: TERIYAKI CHICKEN W/ RICE, STEAMED BROCCOLI AND CARROTS, APPLE SLICES</p>	<p>5. SNACK: FRENCH TOAST W/ MAPLE SYRUP, CHEESE STICKS, PINEAPPLE</p> <p>LUNCH: CHICKEN DUMPLING, CARROT STICKS, PEACH YOGURT, ORANGES</p>
<p>8. SNACK: HAM & CHEESE CROISSANT MANDARINE ORANGES</p> <p>LUNCH: SPINACH BEAN SOUP WITH TOFU, RICE, SEASONED ANCHOVIES, WHITE KIMCHI, APPLES SLICES</p>	<p>9. SNACK: SCRAMBLED EGGS, OATMEALS W/ RAISINS, PINEAPPLE</p> <p>LUNCH: PORK KATSU W/ RICE, CORN & BROCCOLI, APPLE SLICES</p>	<p>10. SNACK: WAFFLE WITH REAL ORGANIC MAPLE SYRUP, MINI SAUSAGES, MANDARINE ORANGES</p> <p>LUNCH: TERIYAKI CHICKEN W/ RICE, STEAMED BROCCOLI, APPLE SLICES</p>	<p>11. SNACK: TOAST WITH BUTTER OR JAM, MINI SAUSAGES, STRAWBERRIES</p> <p>LUNCH: EGG FRIED RICE, SEAWEED, PICKED RADISH, APPLE SLICES</p>	<p>12. SNACK: HONEY NUT CEREAL, GOGURT, MANDARINE ORANGES</p> <p>LUNCH: FETTUCCINE w/ ALFREDO SAUCE STEAMED VEGGIES, COOKIE, GRAPES</p>

EVERY SNACK MENU IS SERVED WITH 1% ORGANIC MILK(3-4 OZ). FRIDAY SNACKS ARE NORMALLY RESERVED FOR PARENT VOLUNTEERS.



Snack & Lunch Menu 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>15. CLOSED SPRING BREAK</p> <p>22. SNACK: WAFFLE w/ MAPLE SYRUP, TATER TOTS, APPLE SLICES</p> <p>LUNCH: PORK KATSU, CUCUMBER/ CARROT STICKS, MISO SOUP, MANDARINE ORANGES</p>	<p>16. CLOSED SPRING BREAK</p> <p>23. SNACK: FRENCH TOAST W/ MAPLE SYRUP, YOGURT, APPLE SLICES</p> <p>LUNCH: TERIYAKI CHICKEN W/ RICE, STEAMED BROCCOLI, MANDARIN ORANGES</p>	<p>17. CLOSED SPRING BREAK</p> <p>24. SNACK: SWEET POTATOES, BUTTERED CROISSANTS, ORANGE</p> <p>LUNCH: GRILLED CHEESE SANDWICH, CARROTS & PEAS, APPLE SLICES</p>	<p>18. CLOSED SPRING BREAK</p> <p>25. SNACK: SCRAMBLED EGGS, MINI SASAGES, APPLE SLICES</p> <p>LUNCH: JASMINE FRIED RICE W/ SHRIMP & CHICKEN, PICKED RADISH, MANDARINE ORANGES</p>	<p>19. CLOSED SPRING BREAK</p> <p>26. SNACK: CHICKEN DUMPLING, CARROT STICKS, PEACH YOGURT, ORANGES</p> <p>LUNCH: FRENCH TOAST W/ MAPLE SYRUP, CHEESE STICKS, PINEAPPLE</p>
<p>29. SNACK: PANCAKE W/ BUTTER, CHICKEN-APPLE SAUSAGES, ORANGE</p> <p>LUNCH: MAC & CHEESE, STEAMED BROCCOLI, APPLE SLICES</p>	<p>30. SNACK: FRENCH TOAST w/ MAPLE SYRUP, APPLE SLICES</p> <p>LUNCH: RICE, SALTED SEAWEEED, SEASONED ANCHOVIES, LIGHT SPAM, MANDARINE ORANGES</p>			

EVERY SNACK MENU IS SERVED WITH 1% ORGANIC MILK(3-4 OZ). MAIN FOOD PORTION: 2.5 - 4 OZ. FAMILY STYLE MEALS