



Snack & Lunch Menu 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4. SNACK: ARTISAN ROLL W/ STRAWBERRY JAM, MINI SAUSAGES, CANTALOPE</p> <p>LUNCH: BEAN PASTE SPINACH SOUP W/ TOFU & RICE, LIGHTLY SWEETENED FISH TEMPERA, ORANGES</p>	<p>5. SNACK: SCRAMBLED EGGS, TATER TOTS, MANDARINE ORANGES</p> <p>LUNCH: WHITE KIMCHEE FRIED RICE, SEASONED ANCHOVIES, CARROTS, APPLE SLICES</p>	<p>6. SNACK: BUTTERED CROISSANT, BACON STRIPS, PINEAPPLES</p> <p>LUNCH: GRILLED CHEESE SANDWICH, STEAMED BROCCOLI, CORN, APPLE SLICES</p>	<p>7. SNACK: WAFFLES, SCRAMBLED EGGS, APPLE SLICES</p> <p>LUNCH: TERIYAKI CHICKEN w/ RICE, STEAMED BROCCOLI, SALTED SEAWEED, MANDARINE ORANGES</p>	<p>1 / 8. SNACK: FRENCH TOAST W/ MAPLE SYRUP, PINEAPPLE & BANANA</p> <p>LUNCH: ORGANIC SPAGETTI w/ TURKEY MEATBALLS, CARROT STICKS, ORANGES. CHOCOLATE ICE CREAM</p>
<p>11. SNACK: HAM & CHEESE CROISSANT MANDARINE ORANGES</p> <p>LUNCH: BEEF RADISH SOUP, RICE, SEASONED ANCHOVIES, WHITE KIMCHI, APPLES SLICES</p>	<p>12. SNACK: SCRAMBLED EGGS, OATMEALS W/RAISINS, PINEAPPLE</p> <p>LUNCH: PORK KATSU W/ RICE, TOMATO & CUCUMBER SALAD W/ SWEET VINEGAR, APPLE SLICES</p>	<p>13. SNACK: PANCAKE WITH MAPLE SYRUP, MINI SAUSAGES, MANDARINE ORANGES</p> <p>LUNCH: QUESADILLA W/ CHICKEN & AVOCADO, STEAMED BROCCOLI, APPLE SLICES</p>	<p>14. SNACK: TOAST WITH BUTTER OR JAM, MINI SAUSAGES, STRAWBERRIES</p> <p>LUNCH: EGG FRIED RICE, SEAWEED, PICKED RADISH, APPLE SLICES</p>	<p>15. SNACK: HARD-BOILED EGGS, HONEY NUT CEREAL, MANDARINE ORANGES</p> <p>LUNCH: FETTUCCINE w/ ALFREDO SAUCE STEAMED VEGGIES, COOKIE, GRAPES</p>

*ALL FOOD HANDLED AND PREPARED BY OUR CHEF WITH LOVE & PRIDE. FRIDAY SNACKS ARE NORMALLY RESERVED FOR PARENT VOLUNTEERS.



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>18. SNACK: WAFFLE w/ MAPLE SYRUP, TATER TOTS, APPLE SLICES</p> <p>LUNCH: PORK KATSU, MISO SOUP, MANDARINE ORANGES</p>	<p>19. SNACK: BUTTERED TOAST WITH JAM, YOGURT, APPLE SLICES</p> <p>LUNCH: SPINACH SOUP w/ RICE, FISH CAKE(어묵), WHITE KIMCHI, MANDARINE ORANGES</p>	<p>20. SNACK: SWEET POTATOES, BUTTERED CROISSANTS, ORANGE</p> <p>LUNCH: GRILLED CHEESE SANDWICH, CORN & PEAS, APPLE SLICES</p>	<p>21. SNACK: SCRAMBLED EGGS, SWEET BREAD, APPLE SLICES</p> <p>LUNCH: JASMINE FRIED RICE W/ CHICKEN & EGG, WHITE KIMCHEE, MANDARINE ORANGES</p>	<p>22. SNACK: OATMEALS W/ RAISINS, SCRAMBLED EGGS, APPLE SLICES</p> <p>LUNCH: ORGANIC SPAGETTI w/ TURKEY MEATBALLS STEAMED BROCCOLI, MANDARINE ORANGES. VANILLA ICE CREAM</p>
<p>25. SNACK: PANCAKE W/ BUTTER, APPLE CHICKEN SAUSAGES, ORANGE</p> <p>LUNCH: MAC & CHEESE, STEAMED BROCCOLI, CHICKEN SOUP, APPLE SLICES</p>	<p>26. SNACK: FRENCH TOAST w/ MAPLE SYRUP, SCRAMBLE EGG, APPLE SLICES</p> <p>LUNCH: NOODLE WITH BLACK PASTE, VEGETABLES MANDARINE ORANGES</p>	<p>27. SNACK: CROISSANT WITH HAM & CHEESE, APPLE SLICES</p> <p>LUNCH: VEGETABLE FRIED RICE WITH EGGS, SEASONED ANCHOVIES, GRAPES</p>	<p>28. SNACK: OATMEAL w/ RAISINS, YOGURT, APPLE SLICES</p> <p>LUNCH: TERIYAKI CHICKEN, RICE, STEAMED BROCCOLI, PINEAPPLE</p>	<p>28. SNACK: PANCAKES W/ BUTTER, APPLE SAUSAGES, APPLE SLICES</p> <p>LUNCH: FRIED PORK & VEGETABLE DUMPLINGS W/ CHOW MEIN, CARROT STICKS, MANDARINE ORANGES. COOKIE</p>

EVERY SNACK MENU IS SERVED WITH 1% ORGANIC MILK(3-4 OZ). MAIN FOOD PORTION: 2.5 - 4 OZ. SNACK & LUNCH IS SERVED IN FAMILY STYLE MEALS

The above menu is subject to change slightly without further notice.