
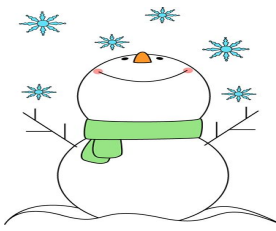


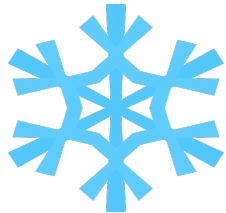

JANUARY

LUNCH & SNACK MENU 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p>  <p>HAPPY NEW YEAR!</p>	<p>2</p> 	<p>3</p> <p>SNACK: <u>MINI WAFFLE w/ MAPLE SYRUP, MINI SAUSAGE, APPLE SLICES</u></p> <p>LUNCH: <u>RICE CAKE SOUP WITH EGG, KIMCHEE, ASIAN PEAR SLICES</u></p>	<p>4</p> <p>SNACK: <u>SPINACH SCRAMBLED EGGS WITH CHEESE, TATER TOTS, MANDARINE ORANGES</u></p> <p>LUNCH: <u>TERIYAKI CHICKEN WITH RICE, PEAS & CORN, APPLE SLICES</u></p>	<p>5</p> <p>SNACK: TOAST WITH JAM, YOGURT WITH BANANA & FRESH CHOPPED STRAWBERRIES</p> <p>LUNCH: <u>ORGANIC SPAGETTI WITH MEATBALLS, STEAMED ZUCCHINI, MANDARINE ORANGES</u></p>
<p>8</p> <p>SNACK: SWEET POTATO SCRAMBLED EGG, CARROT STICKS, APPLE SLICES</p> <p>LUNCH: <u>GRILLED COD, STEAMED ZUCCHINI, CARROTS, RICE, SEAWEED, PERSIMMON SLICES</u></p>	<p>9</p> <p>SNACK: <u>OATMEAL W/ RAISINS & CHOCOLATE, CHEESE CUBES, MANDARINE ORANGES</u></p> <p>LUNCH: <u>VEGIE RICE WITH FRIED EGGS, MINI SAUSAGES, BEEF DUMPLING, APPLE SLICES</u></p>	<p>10</p> <p>SNACK: <u>PANCAKES w/ MAPLE SYRUP, PEACH YOGURT, MIXED FRUITS</u></p> <p>LUNCH: <u>GRILLED CHEESE SANDWICH, CARROT STICKS, APPLE SLICES</u></p>	<p>11</p> <p>SNACK: <u>TOAST w/ JAM, SCRAMBLED EGGS, TATER TOTS, APPLES SLICES</u></p> <p>LUNCH: <u>VEGETABLE CURRY W/ RICE, FISH CAKE(어묵), SEASONED RADISH, MANDARINE ORANGES</u></p>	<p>12</p> <p>SNACK: MINI PANCAKES w/ MAPLE SYRUP, CHEESE STICKS, APPLE SLICES</p> <p>LUNCH: <u>BLACK BEAN PASTE NOODLES WITH VEGETABLES, SEASONED RADISH, STRAWBERRIES & BLUEBERRIES</u></p>

JANUARY

LUNCH & SNACK MENU 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>15</p> <p>CLOSED</p> <p>MARTIN LUTHER KING, JR. DAY OBSERVED</p>	<p>16</p> <p>SNACK: WAFFLES WITH MAPLE SYRUP, MINI SAUSAGE, APPLE SLICES</p> <p>LUNCH: RICE WITH SEAWEED, SWEETLY SEASONED ANCHOVIES, BOILED EGG WITH SOY SAUCE, ORANGES</p>	<p>17</p> <p>SNACK: SPINACH SCRAMBLED EGGS WITH CHEESE, TATER TOTS, MANDARINE ORANGES</p> <p>LUNCH: TERIYAKI CHICKEN WITH BROCCOLI RICE, APPLE SLICES</p>	<p>18</p> <p>SNACK: TOAST WITH JAM, YOGURT WITH FRUITS</p> <p>LUNCH: FETTUCCINE W/ ALFREDO SAUCE WITH MUSHROOMS, FRUIT SALAD, APPLE SLICES</p>	<p>19</p> <p>SNACK: CREAM OF WHEAT W/ RAISINS, STRAWBERRIES & BANANAS</p> <p>LUNCH: VEGETABLE CURRY RICE, SEASONED RADISH, SWEETLY SEASONED ANCHOVIES, ORANGES</p>
<p>22</p> <p>SNACK: FRENCH TOAST W/ MAPEL SYRUP, SAUSAGES, APPLE SLICES</p> <p>LUNCH: CALIFORNIA ROLL, MISO SOUP, SEASONED RADISH, ORANGES</p>	<p>23</p> <p>SNACK: SWEET CABBAGE SALAD W/ AVOCADO, RAISINS, CUCUMBER IN LIGHT DRESSING, WHEAT BREAD WITH JAM, APPLES</p> <p>LUNCH: BROILED SALMON, RICE STEAMED BROCCOLI, SEAWEED, ORANGES</p>	<p>24</p> <p>SNACK: MAKE YOUR OWN PARFAIT WITH CHOICE OF FRUITS(STRAWBERRIES, BLUEBERRIES, BANANAS), RITZ CRACKERS, APPLE SLICES</p> <p>LUNCH: FRIED TOFU WITH RICE, SEAWEED, BROCCOLI QUICHE, MANDARINE ORANGES</p>	<p>25</p> <p>SNACK: HALF OF BOILED EGGS WITH LIGHT SALT, PLAIN BREAD W/ JAM, APPLES</p> <p>LUNCH: MEAT w/ VEGETABLE DUMPLINGS, SEAWEED SOUP, RICE, ORANGES</p>	<p>26</p> <p>SNACK: BAGEL W/ STRAWBERRIES & BANANAS, CARROT STICKS</p> <p>LUNCH: BLACK BEAN PASTE NOODLES WITH VEGETABLES, SEASONED WHITE RADISH, APPLES AND ORANGES</p>
<p>29</p> <p>SNACK: BREAKFAST TACO-TORTILLA WITH MELTED CHEESE. BANANA & ORANGES</p> <p>LUNCH: JELLY SANDWICH, AVOCADO SLICES, TORTILLA CHIPS, APPLE SLICES</p>	<p>30</p> <p>SNACK: BROILED EGGS W/ LIGHT SALT, BREAD W/ JAM(NO BUTTER), MANDARINE ORANGES</p> <p>LUNCH: TERIYAKI CHICKEN WITH RICE & BROCCOLI, APPLE SLICES, MOCHI ICE CREAM</p>	<p>31</p> <p>SNACK: FRENCH TOAST W/ MAPLE SYRUP, CHEESE STICKS, APPLE SLICES</p> <p>LUNCH: BUCKWHEAT SOBA WITH SAUCE, SEAWEED SOUP, CARROT STICKS, MANDARINE ORANGES</p>		

EVERY SNACK MENU COMES WITH 1% OR 2% ORGANIC MILK

The above menu is subject to change *slightly* without a further notice.