

## Little Star Basics Preschool

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NEWSLETTER: ISSUE 6, 1/3/2018

### Happy New Year!

## Welcome Back!

We wish all of you good health, peace, and happiness in the new year!

### **ANNOUNCEMENTS:**

Check out our new website! [LittleStarBasics.com](http://LittleStarBasics.com)  
You can view [Snack/Lunch menu](#), [Newsletter](#),  
and [Calendar](#) with just a few clicks.

\*CLOSED Monday, 1/15/2018, Martin Luther King, Jr. Day.

Thanks to all the parents who participated in gift giving during Christmas.

### **\*SAFETY PRECAUTION IN PARKING LOT**

*Children should not be running or walking by themselves in the parking area.*

Little Star Basics Preschool is genuinely committed to the success of your child's early education. Keeping in mind that every child is unique and learns at a different pace, our staff encourages and teaches your child to focus and to be responsible when completing his or her task. To ensure a fruitful development process, we advocate for a strong support system at home that helps build a foundation to make school more enjoyable for your child. Be confident to know that your child is growing as an individual and learning many key lifelong skills at our school. We are very excited to be partnering with you on your child's journey towards higher cognitive, social, emotional, and language developments. ♥

### **ENRICHMENT CLASSES:**

**Monday:** Let's Think! Why/ How?

**Tuesday:** Choir or Music

**Wednesday:** TaeKwonDo/Yoga

**Thursday:** Creative Arts & Crafts

**Friday:** Science/Games

*\*Optional for Butterflies\**

*Participation Required for Busy Bees*

### **A SPECIAL THANKS to all the children bringing snacks this month!**

**1/5 (Fri):** Gyuvin **1/11(Thurs):** Isdora

**1/19(Fri):** Isaac **1/25(Thurs):** Nivriti

\*Please remember to provide crackers, organic 1-2% milk along with fruits that are already cut.

\*Let us know if you want to sign up or you want to change the dates that fit your schedule better.

### **JANUARY THEMES:**

*Butterflies & Busy Bees*

### **JANUARY THEMES:**

*CATERPILLARS*

**LETTERS:** Pp for Pelican - Qq for Quail - Rr for Rattlesnakes - Ss for Seals

**THEMES:** New Year - Winter - Winter Animals(hibernation)

**THEMES:** PETS - QUESTIONS(5W)  
ROCKS - SENSES

**BOOKS:** Daisy Came Home - Bears Snores on - The Mitten - Time to Sleep

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## REMINDER TO PARENTS

- ◆ **Water bottle**
- ◆ **Indoor shoes(Crocs)**
- ◆ **Toothbrush & Paste(PM program)**
- ◆ **Replenish Diapers/Wipes(Caterpillars)**
- ◆ **Extra Clothes(seasonal wear)**
- ◆ **Label All your Child's Items**
- ◆ **Friday: Show & Tell Items**  
(Butterflies and Busy Bees)
- ◆ **Media on Friday(20 minutes)**
- ◆ **Parents Sign up for Snacks**

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## ILLNESS:

Any child showing any sign of illness or a contagious disease is **NOT** to be brought to school. If your child should become ill during the day, the parents or guardian will be contacted and the child **MUST** be picked up from school.

- \* **Continuous green mucous discharge**
- \* **Fever 100 degrees or higher**
- \* **Two instances of vomiting /diarrhea in a 24-hour period**
- \* **Excessive coughing**
- \* **General display of malaise (lethargy, crankiness, teary)**



*Because it is important to eat nutritious food (with less sugar, salt, oil, butter), drink enough water, and do daily stretches, from 2018 we will implement these areas as our added distinction from the new year.*

## NUTRITION UPDATE NOTICE:

We will use 100% natural maple syrup for french toast, waffles, pancakes, instead of high fructose syrup such as Aunt Jemima. Preparation for 'Pork Cutlet ' will be oven baked instead of semi-fried.

We will have salads with cucumber, carrots, steamed broccoli Monday-Thursday for lunch along with organic milk served daily.

## STRETCHING AND EXERCISE NOTICE:

### *Butterflies & Busy Bees*

There will be 5-10 minutes of daily stretching activities before having our circle time at 9:30am.

#### According to Orthopedics, the benefits are:

1. Gets their blood pumping
2. Reduces the risk of injury
3. Increase flexibility and range  
(Hamstring, Kneel, Shoulder, Knees to Chest...)

